



THE RIVER

École Riverside School

March 2021

Kindergarten Registration is Open!!!!

It is hard to believe it is March! Nearly a year ago, our lives were changed dramatically due to a worldwide pandemic. We are feeling hopeful these days, with the decrease in numbers of the virus, that we may eventually see a return of the school activities that I know many students are missing so much. For now, personally, I am feeling grateful that we can all be here at school together each day. I think I can speak for the staff as a whole, in appreciating the efforts put in by all parents who are helping to make École Riverside a safe place by screening their children each day and being diligent in following all Covid-19 protocols.

Through my travels within the school, I have watched some classes participate in YouTube work outs and yoga at their desks, spending their 20 minutes reading for DEAR outside in the sun, desk drumming in lieu of singing for music class and so much more. Students and staff have all become so resilient, making the best of the current situation.

February welcomed some fun virtual activities for Festival Du Voyageur which is highlighted later in this newsletter. Big thanks again to Mme. Portey, who was the driving force behind such a successful week, for all of her work and effort put in to ensure that Festival was fun for everyone while following guidelines! Later in the month, we had an incredible turn out for participation in Pink Shirt Day! Students learned the meaning behind Pink Shirt Day and being kind as part of the virtual virtue assembly. The day after Pink Shirt Day, was 100 DAYS OF SCHOOL (already?!). The day started out with 100 exercises (which had the socially distant line ups at the water bottle filling station the longest I've ever seen them!) and continued on with activities during the day in classrooms. It was a great end to month.

Dr. Seuss week celebrations have kicked off the first week of March and the month will end with a very well deserved Spring Break! The days are getting longer and warmer weather is on the horizon...

Mme. Hepp



MAY YOUR TROUBLES
BE LESS AND YOUR
BLESSINGS BE MORE
AND NOTHING BUT
HAPPINESS COME
THROUGH YOUR DOOR



IRISH BLESSING

**February
Attendance**

88.6%

Important Upcoming Dates

March 5th—PM No School

March 29th—April 2nd

Spring Break

April 14th—Student Led Confer-

Counsellor's Corner

The grade 8's have been working on Career Cruising. Parents can view their child's progress and have meaningful career conversations by visiting the "parent portal" at <https://www.careercruising.com/parent/>. Grade 8's will be using their information gained from Career Cruising and will be registering for their high school courses Gr. 8 English March 3rd and French gr. 8 March 10th.



Grades 4-6 will be learning about Thrival Kits as well.

March is Nutrition Month

By Melissa Pham

Challenge yourself to make one positive healthy change this month!

Here are some easy suggestions :

- Drink more water
- Sleep at least 8 hours
- Eat fruit instead of a sugary snack
- Exercise every day
- Try a new recipe



Welcome to Kindergarten™
THE LEARNING PARTNERSHIP



Medical science has revealed how critically important early experiences are in shaping children's development, their subsequent school success and their future lifelong success. Harvard's Centre on the Developing Child summarizes the research in [The Science of Early Childhood Development](#).

Talk Read Sing Play every day!

Kindergarten and Grade 8 Grad Photos were postponed last month. Thankfully, Public Health Orders have been updated and are now tentatively planned for May! Spring Photos are not guaranteed to take place. More information to follow...



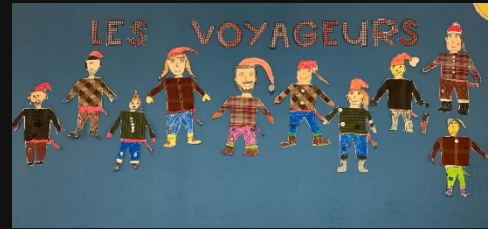
Congratulations to our Bingo Challenge Winners:

Grand Prize : Laine Burton

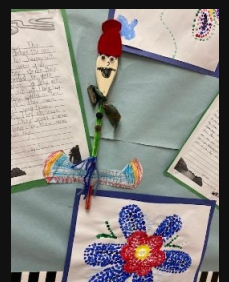
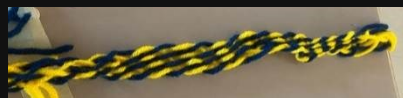
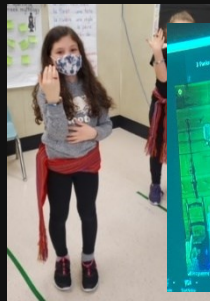
Book Winners : Andrew Marleau, Kane Davis, Shubam Chawla, Lincoln Frost and Brady Haywood.

We had 35 students participate in the Reading Challenge Bingo.





École Riverside School celebrated Festival du Voyageur February 16-19th, a week aimed to educate students about our French and Métis heritage. Students participated in live, interactive presentations from voyageurs and blacksmiths from Fort Gibraltar in Winnipeg, danced with Mme Diva or were entertained with Tibert le Voyageur's music and stories. The arts were a large part of the week as students finger weaved sashes, beaded a traditional Métis flower design, rolled paper into beads for bracelets, and transformed wooden spoons into voyageur puppets. Teachers also added their own activities, with some classes having gone outdoors to do traditional voyageur games, dancing, and singing voyageurs songs. Students enjoyed classic Voyageur music playing on the outdoor speakers during recesses and voyageurs were seen roaming our halls on Friday! Although the week was different, many learning opportunities and smiling eyes were seen throughout the school!



École Riverside School

Announces

Half– Day French Immersion Kindergarten Classes are now open for registration.

Why French Immersion? / Pourquoi l'Immersion française?

Speaking French opens up many more opportunities in life.

Parler français ouvre davantage les portes sur le monde.

French immersion students become excellent communicators and learning another language increases achievement in reading, language skills, and mathematics.

French is spoken in several countries around the world and makes travel abroad much more exciting.

Le français est la langue officielle ou seconde dans plusieurs pays du monde, alors les voyages deviennent encore plus intéressants.

Myth: A parent needs to already know some French for their child to enter French Immersion.

Fact: We don't expect children to know any French before arriving to our Kindergarten French Immersion programs.

Myth: "We don't know French so we won't be able to help our child with his/her work."

Fact: 90% of parents who have their children in French Immersion don't speak or write French.

Consider French Immersion for your child at École Riverside School. Entry points are Kindergarten at any time and Grade 1 by December. Please visit us for more information. 677-6115



National
Online
Safety

7 questions to help you start a conversation with your child about online safety

#WakeUpWednesday



1



Which apps/games are you using at the moment?

THIS WILL GIVE YOU A GOOD OVERVIEW OF THE TYPES OF THINGS YOUR CHILDREN ARE DOING ON THEIR DEVICES, ALONG WITH THEIR INTERESTS. REMEMBER THAT THEY MIGHT NOT TELL YOU EVERYTHING THEY ARE USING, SO IT IS A GOOD IDEA TO ASK THEM TO SHOW YOU THEIR DEVICE, BECAUSE NEW APPS AND GAMES ARE RELEASED REGULARLY. IT IS IMPORTANT TO HAVE THIS CONVERSATION OFTEN TO ENSURE YOU ARE UP TO DATE WITH WHAT THEY ARE DOING.

Which websites do you enjoy using and why?

AS IN THE TIP ABOVE, ASKING THIS QUESTION WILL ALLOW YOU TO FIND OUT WHAT YOUR CHILD IS DOING ONLINE, AND ENCOURAGE POSITIVE CONVERSATIONS ABOUT THEIR ONLINE ACTIVITY. ASK THEM HOW THEY USE THE WEBSITES, AND TAKE AN INTEREST IN HOW THEY CAN USE THEM IN A POSITIVE WAY, ALSO ASKING THEM TO SHOW YOU IF POSSIBLE.



2

3



How does this game/app work?
Can I play?

SHOW A GENUINE INTEREST IN WHAT THEY ARE DOING. WHILST YOU ARE PLAYING A GAME OR USING AN APP WITH THEM, IT MIGHT HIGHLIGHT SOMETHING THAT THEY DON'T NECESSARILY THINK IS A DANGER TO THEM. IF THEY ACT LIKE THEY DON'T WANT TO SHARE THEIR ACTIVITIES WITH YOU, QUESTION WHY.

Do you have any online friends?

CHILDREN CAN FORM POSITIVE RELATIONSHIPS WITH PEOPLE ONLINE, AND THIS HAS BECOME MORE COMMON THANKS TO ONLINE MULTI-PLAYER OPTIONS, BUT THEY MAY NOT FULLY UNDERSTAND THE DIFFERENCE BETWEEN A FRIEND AND A STRANGER. YOU COULD MAKE THE QUESTION MORE SPECIFIC TO YOUR CHILD. FOR EXAMPLE: "HAVE YOU MET ANYONE ONLINE THAT YOU LIKE TO PLAY GAMES WITH?" THEY MAY NOT WANT TO SHARE THIS INFORMATION WITH YOU, SO ENSURE YOU TEACH THEM ABOUT HEALTHY RELATIONSHIPS.



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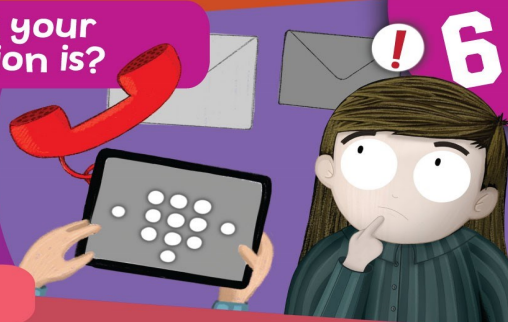


Do you know where to go for help?

ALTHOUGH YOU MAY BE THE ADULT THEY TRUST THE MOST, SOME CHILDREN STRUGGLE TO TALK ABOUT WHAT HAPPENS ONLINE DUE TO CONFUSION OR EMBARRASSMENT. BECAUSE OF THIS THEY MAY STRUGGLE TO APPROACH THE NORMAL PEOPLE WHO WOULD HELP, SUCH AS YOURSELF OR A TEACHER. HAVE A CHAT TO YOUR CHILD ABOUT EXACTLY WHERE THEY CAN GO FOR HELP, AND HOW THEY CAN REPORT ANY ACTIVITY THAT THEY BELIEVE IS INAPPROPRIATE ONLINE.

Do you know what your personal information is?

YOUR CHILD MAY ALREADY KNOW WHAT THEIR PERSONAL INFORMATION IS BUT THEY MIGHT NOT THINK ABOUT HOW IT CAN BE SHARED. HAVE A CONVERSATION ABOUT WHAT PERSONAL INFORMATION IS AND HOW THIS CAN AFFECT THEM IF IT IS SHARED BEYOND THE INTENDED RECIPIENT. IT IS IMPORTANT THAT YOUR CHILD UNDERSTANDS THE DANGERS OF SHARING CONTACT DETAILS OR PHOTOS, AS INFORMATION SUCH AS THIS CAN SPREAD QUICKLY ONLINE.



6

7



Do you know your limits?

CHILDREN MAY NOT UNDERSTAND THE NEGATIVE IMPACTS OF DEVICE OR GAME ADDICTION. TALK TO THEM OPENLY ABOUT HEALTHY HABITS AND ASK WHETHER OR NOT THEM SPENDING TIME ONLINE OR PLAYING A GAME IS AFFECTING THEIR SLEEP, PERFORMANCE AT SCHOOL OR IF THEY ARE GENERALLY LOSING INTEREST IN OTHER ACTIVITIES. YOU MAY LEAD ON TO ENCOURAGING ALTERNATIVE ACTIVITIES AND DISCUSSING THE INTRODUCTION OF TIME LIMITS WHEN AT HOME.

