



THE RIVER

École Riverside School

February 2022

From the Office....

Happy February! It's hard to believe we have already made it half way through the year! Unfortunately, Manitoba Merv did see his shadow this year so it looks like we're in for another 6 weeks of winter (but that's not unusual for us here in Thompson) – fingers crossed the next 6 weeks are mild in comparison to the last 6!

February is always a busy and exciting month here at École Riverside. "I Love to Read" month kicks off this week! Our theme for this year is "Moving Forward with Hope" and Mrs. Tomchuk has several fun activities planned throughout the month. The 25 day reading challenge is attached here in the newsletter and we encourage all students to participate! All students who complete the challenge will be entered to win a prize. Later in the month, we will hold Festival Du Voyageur events throughout the week of February 22nd – 25th. Mme Portey has arranged all of the fun and we're all looking forward to it!

Throughout the month of February, there is always an emphasis on kindness. On February 23rd, we will wear our Pink Ram shirts as a school to come together and show our support for the Anti-Bullying initiative.

Sprinkle kindness wherever you go – this month and every month!

Mme Hepp



January Attendance

88.9%

"Everyday Matters"

Pink Shirt Day

Pink Shirt Day began in 2007 when two Berwick Nova Scotia classmates, David Shepherd and Travis Price, bought and distributed 50 pink shirts after witnessing a student at their school being bullied for wearing a pink shirt. This year Pink Shirt Day is on **February 23rd**. Please join us in wearing pink to help raise awareness and show your support against bullying!



Upcoming Dates

Feb. 4 —No School (Teacher PD)
Feb 16—Grad Pictures
(Grade 8 & Kindergarten)
Feb 17—Retakes AM ONLY
Feb 18th—100Th day of School
Feb 21—No School
(Louis Reil Day)
Feb 23 —Pink Shirt Day
Spring Break March 28—April 1

25 DAY READING CHALLENGE

www.naturalbeachliving.com

Read
under
the covers

Read a
book
about
horses

Read a
book
with
no pictures

Read a
mystery
book

Read a book
someone else
chooses
for you

Read a
book to
someone
else

Read
at the
library

READ
OUTSIDE

Whisper
read

Read a
biography
or true
story

Read a
comic
book

Read a
magazine

Read in
the car

Read
poetry

Read in
your
pajamas

Read to
your pet

Read while
eating a
meal or
snack

Read a book
with a girl
main
character

Read a book
written
before you
were born

Read a
book
published
this year

Read the
first book
of a
series

Read a book
with a boy
main
character

READ A BOOK
ON DISPLAY
AT THE STORE
OR LIBRARY

Read a book
that is your
favorite color

REREAD
YOUR
FAVORITE
BOOK

HERE'S THE IMPACT OF READING 20 MINUTES PER DAY!

A student who reads

20:00

minutes per day

will be exposed to
1.8 MILLION
words per year
and scores in
90th PERCENTILE
on standardized tests

A student who reads

5:00

minutes per day

will be exposed to
282,000
words per year
and scores in
50th PERCENTILE
on standardized tests

A student who reads

1:00

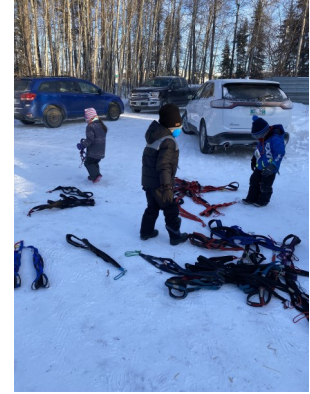
minute per day

will be exposed to
8,000
words per year
and scores in
10th PERCENTILE
on standardized tests

Source: Nagy, Anderson and Herman, 1987

SCHOLASTIC

Math on The Land



Sorting the sled dogs harnesses by color.



Getting pulled on a sled.

Physical Education News

From the desk of Martin Vermette

First, the elementary Phys. ed. teachers and the Knights of Columbus organization have decided to officially cancel the 2022 Knights of Columbus games this year again because of the volatile situation with Covid-19. Hopefully we return to some normalcy next year!

Intramurals

We restarted our intramural program at lunch time for gr. 1-8 students and made sure not to mix different cohorts together. The schedule of the gymnasium use is available on our school Facebook page and on our school web site.

Badminton

We also started an after school badminton club for Junior high students that will run till the beginning of March. Schedule of practices are with the intramural schedule. Many thanks to all our teacher supervisors! You are awesome and Kids are very thankful and appreciative of your time and devotion.

Cross Country Ski Club

We also started a Cross country ski club for grades 5 and 6 students on Wednesday and Thursdays, after school , weather permitting that will run in February and March.

Wednesdays, 3:30 to 4:45 for gr. 5E and 6E & Thursdays, 3:30 to 4:45 pm for 5F and 6F

Quote: Don't count the days, make the days count!

Be a Healthy Role Model

By Melissa Pham

Parents are role models and the most influential person in their children's lives. The ways parents talk about food, cook meals and eat are important in helping their child develop healthy eating habits.

If healthy eating isn't a priority for you, then your children won't think it is important.

Here are some great tips:

- eat healthy foods as a family
- participate in physical activity
- drink water



Appropriate Dress

As the weather is warming up students are spending more time outdoors. Gym classes, outdoor learning and recess have been occurring outside this past week and will continue to if the weather is nice. Please ensure your child is coming dressed for the weather. Hats, mitts, scarf/neck warmer, ski pants and proper footwear. It is great to see the kids outside learning and enjoying the nice weather.

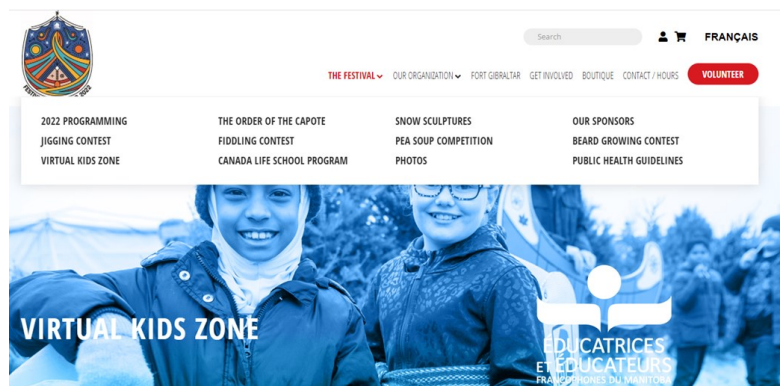


Math on the Land

Measuring various fur lengths using their hands.



Hého! École Riverside School is celebrating Festival du Voyageur February 22-25th! Students will experience live presentations from Fort Gibraltar via Zoom, make crafts related to their presentations, jig, play the spoons, eat traditional "tire" and learn how all of this relates to our Canadian heritage. Parents can participate by exploring www.heho.ca. If you click on THE FESTIVAL you will see a drop down bar with various links, tons of free resources, and videos of activities. Be sure to check out the VIRTUAL KIDS ZONE!



Enjoy!

Amy Portey